

Balancing Family and Ministry

Objective – Find balance in juggling the responsibilities of family with the privilege of ministry, while keeping Christ at the center of your life.

What can we learn from the Proverbs 31 Woman (read Prov. 31:10-29):

- Respected her husband
- Nurtured her children
- Kept her home
- Contributed to the financial well-being of her family
- Helped others in her community
- Cared for herself physically
- Feared God

How do you determine what takes priority between ministry and family?

Learn the proper order of importance:

- Relationship with God
- Responsibilities and relationships within the home (husband and children in that order)
- Service in the church and for others

What are some obstacles to a balanced family and ministry that can lead to conflict? (Chappell, Terrie. (2019). *It's a Wonderful Life*. Striving Together Publications.)

- Comparing yourself to others
- Trying to please everyone
- Expecting more of yourself than what you are capable of
- Allowing yourself to become overcommitted
- Being discontented in where you are in life

- Wasting time or participating in pointless activity
- Dealing with circumstances that are beyond your control
- Failing to understand acceptance in Christ

Live a balanced life

- Surrender to God's plan for your life.
- Allow your biblical values to determine your daily priorities
- Set boundaries, especially when it comes to what others expect of you
- Maintain a weekly schedule
- Seek counsel
- Simplify and share
- Stay focused

Some areas for personal growth

- Learn to be organized – read books, blogs, articles, etc.
- Learn to plan ahead
- Learn to be flexible